

## **25 WAYS TO SAFELY SERVE OUR COMMUNITIES DURING THE PANDEMIC**

1. Do a free meal for the elderly and drop it off to them.
2. Pick up grocery/pharmacy orders
3. Make blankets for cancer patients
4. Make masks for school children (club pay for materials)
5. Knit mittens/hats for school children (club pay for materials)
6. Do Zoom book readings for local children
7. Do a roadside clean up while we are taking walks
8. Donate tablets to local nursing homes so residents can stay connected virtually with loved ones.
9. Write letters to residents of long-term care homes
10. Send thank you cards to frontline workers (hospital staff, nursing home staff, paramedics, firefighters and grocery store workers). A cashier probably would love a thank you card recognizing their sacrifice.
11. Write letters to older folks that you know that are hard of hearing.
12. Call folks in your community that you haven't seen out in a long time that live alone. Hearing a familiar voice may give them great comfort.
13. Send thank you cards to our school staff that are probably experiencing lots of stress right now.
14. Create a cookbook or just a few monthly inexpensive and easy recipes for your local food bank. Donate unusual ingredients that folks might not have on hand such as garlic, ginger or a packet of Lipton Onion Soup mix so they can prepare the "Recipes of the Month".
15. Help organize a community or school garden. If your community already has one start some plants late winter/early spring inside that folk (food bank clients or others) can transplant next spring.
16. Approach your municipality to see if you can put out planters with the Lions logo on them. Then fill them with vegetable plants. (club pay for materials so Lions can work on project through the winter).
17. Purchase a subscription of a diabetes magazine for your local library.
18. Sponsor a local beach cleanup day.
19. Prepare meals for local families whose children are undergoing cancer treatment and do front porch drop offs.

20. Make head scarves for cancer units.
21. Once again support our local food bank with additional stew packs (food above and beyond what folks normally receive).
22. Organize and promote a day of recognizing frontline workers at a certain time by making noise outside our homes as well as other folks in our communities. As the cold weather returns and we have opened up it is expected we may experience an uptick of disease. As Lions we could take a couple of weeks to promote this thank you evening to let those folks whose workplaces might become more dangerous once again that they are still top of mind. The battle isn't over let's tell the health care workers that we still appreciate them.
23. Organize a fun virtual exercise class for the community perhaps targeting seniors. Purchase a camera so the hour or half hour class can be recorded then sent out or put on YouTube. A hybrid event can also be done.
24. Tutoring students virtually
25. Helping neighbors with yard work, painting or snow removal.